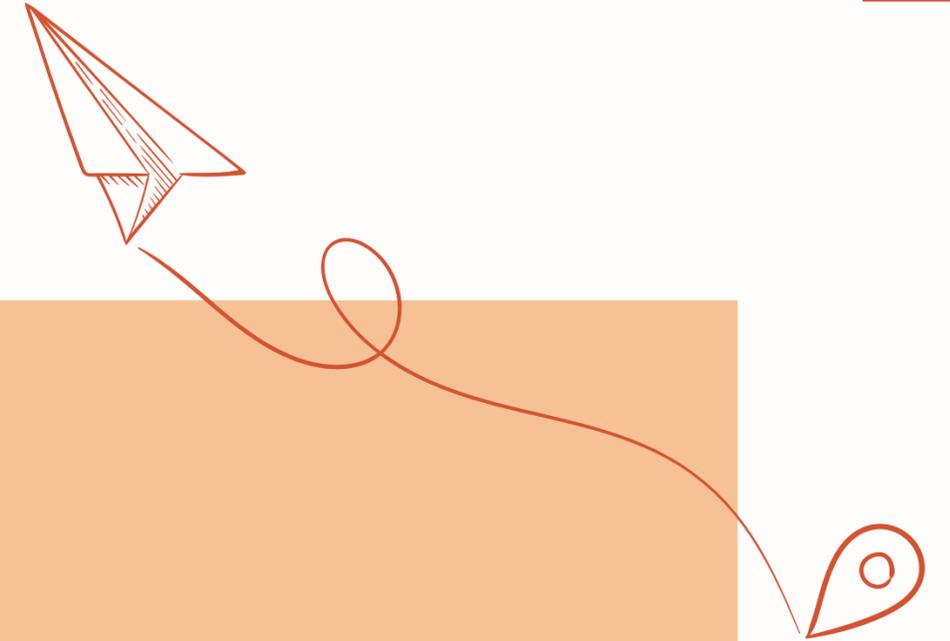


Presented By :
Iga Burkat



*Erasmus
Programme Values
and Priorities
from My Point
of View*

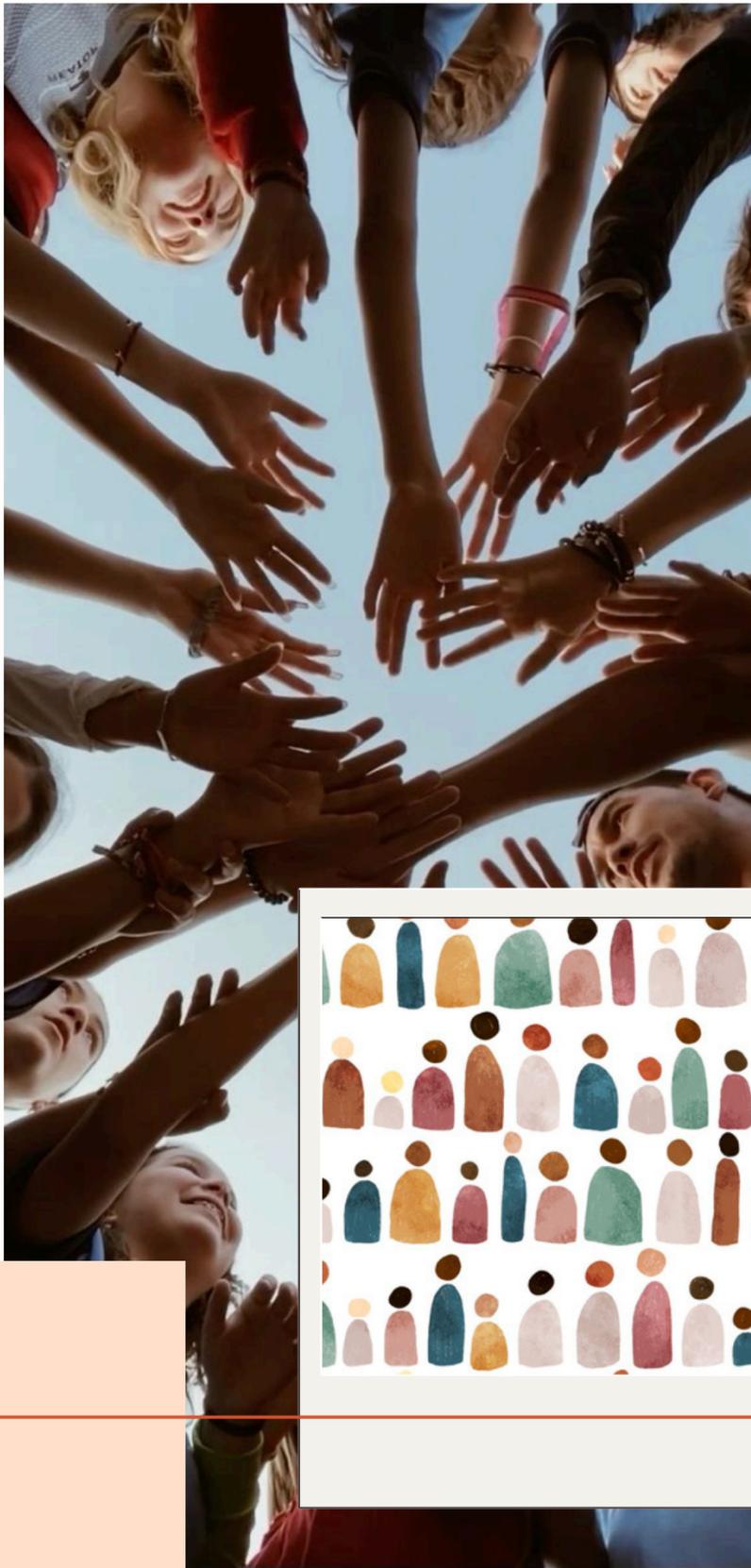




Being part of the Erasmus programme has always been an important goal for me. It gives me the opportunity to actively live by its beliefs and share them through my actions during the internship.

In the following slides, I will present how I plan to support and promotes these core values.





Inclusion and Diversity

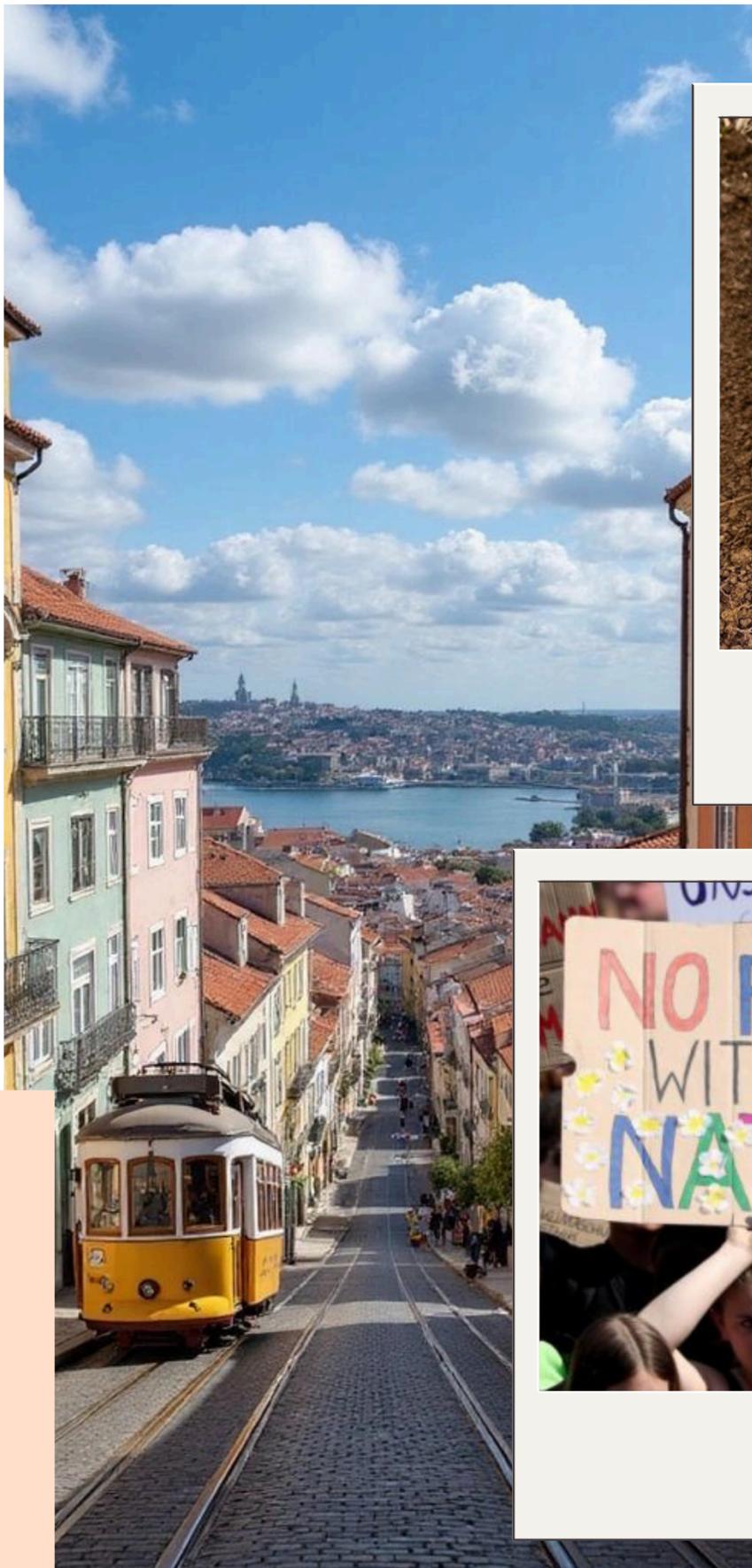
For me, Erasmus is mainly about openness to other people.

I respect and support individuals from different countries, cultures, and backgrounds, including people with disabilities and those who are in a more difficult financial situation.



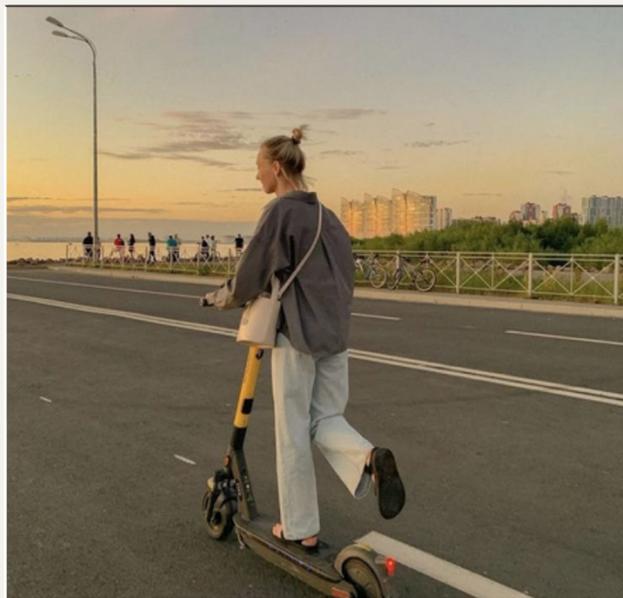
I believe that everyone should feel equal, accepted, and supported. My priorities during this project are inclusion, cooperation, and mutual respect. I want to be part of a project where diversity is treated as a value and where everyone is accepted.

Working, travelling, and spending time together with international participants helps build strong relationships and encourages social inclusion. I strongly believe that unity and support are key values of this programme.



Ecology

Protecting our environment is one of the most important thing to care of so during this project I am gonna try my best to promote mindful living to help our planet.



During my exchange, I will choose environmentally friendly means of transport such as walking, cycling, using a scooter or taking a public transport. These options help reduce pollution and allow me to explore the city in a more conscious way.

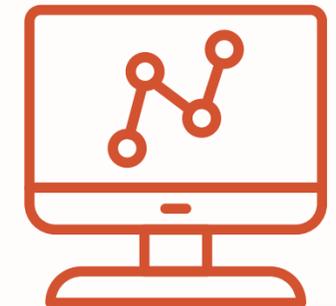
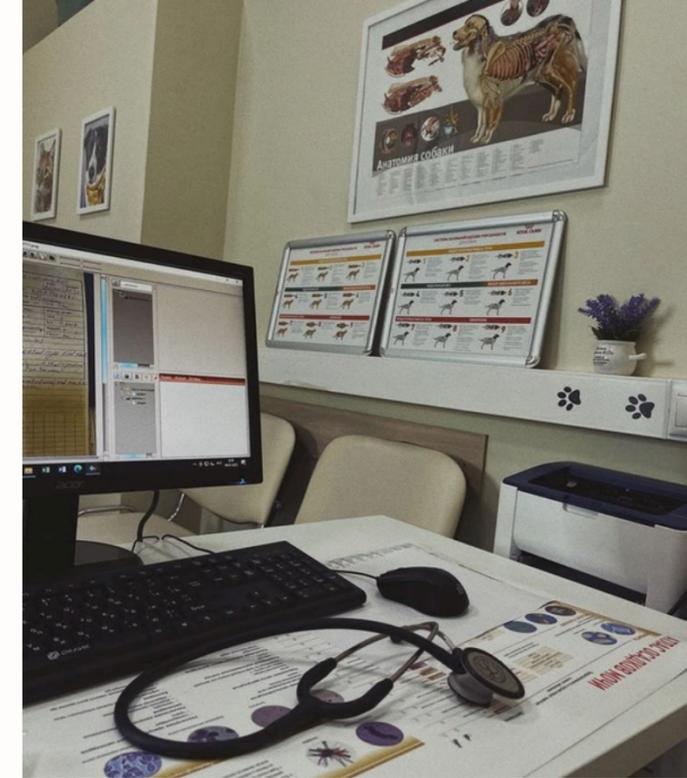
I also intend to respect recycling regulations and avoid unnecessary waste by choosing reusable and eco-friendly products.

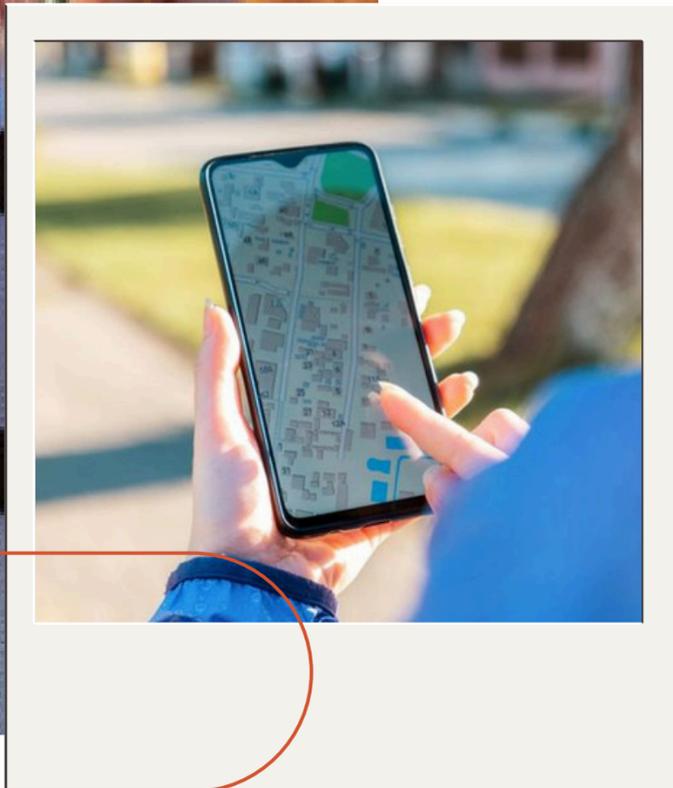
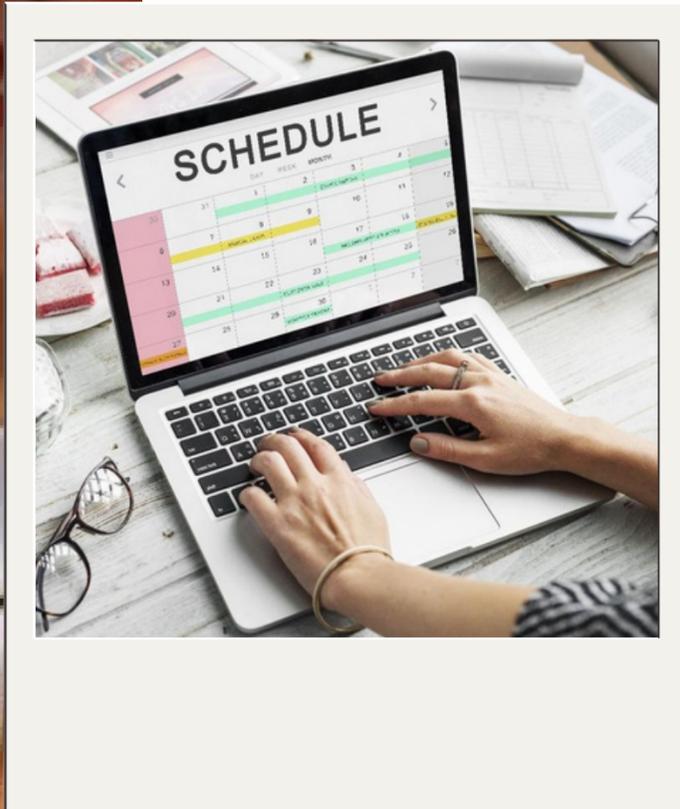




Digital Skills and Technology

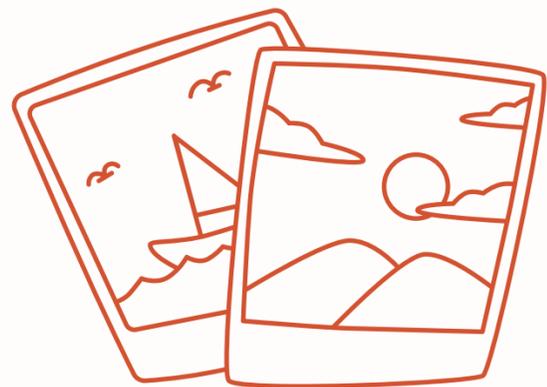
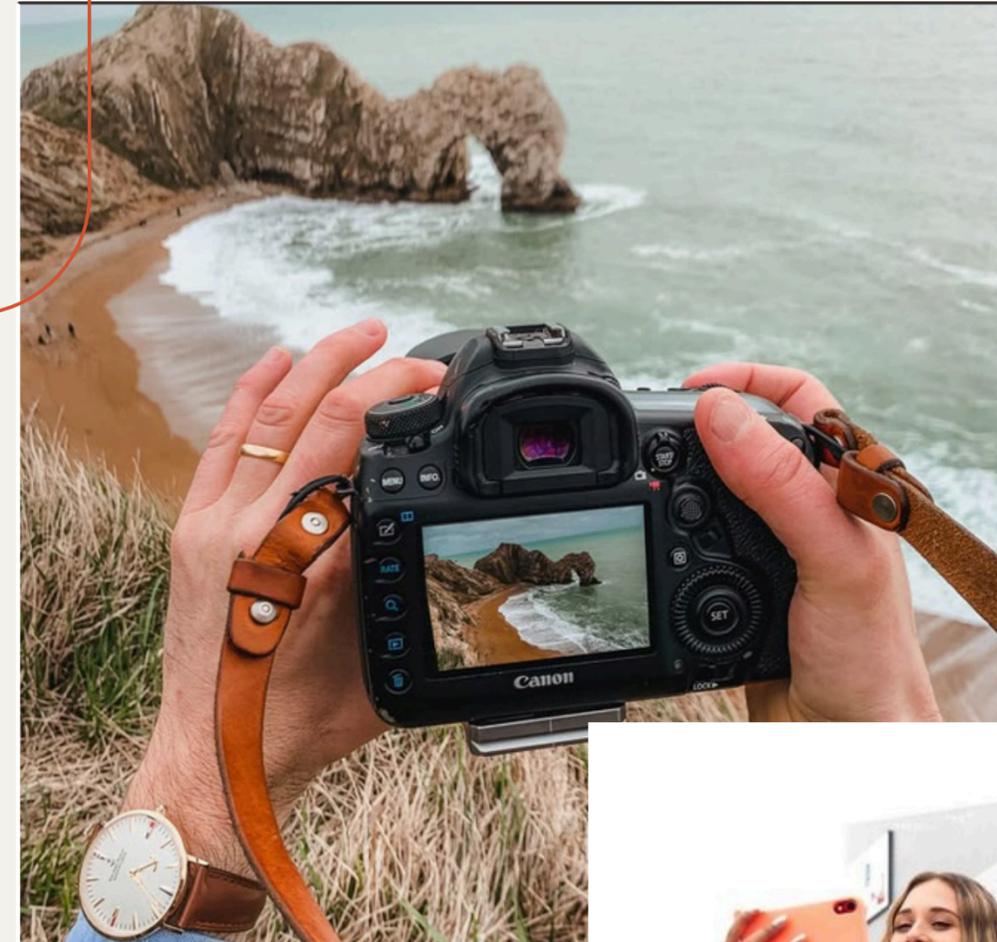
The next important area of taking part in such a program is use of technology and expand knowledge in this area.



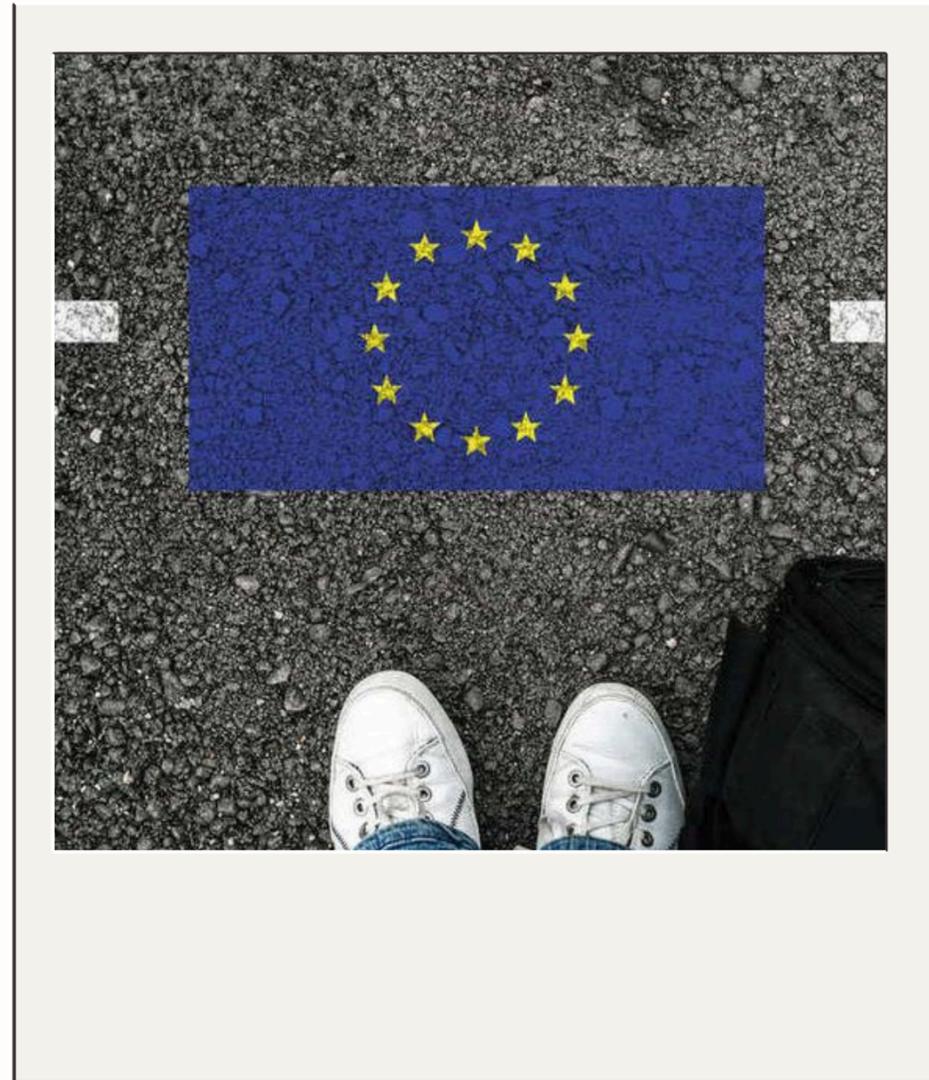


Mobile applications for navigation, sightseeing, learning and planning daily activities will be very helpful. It will be easier to move around the city, organize my schedule, and ensure that everything runs smoothly during my Erasmus journey. Translation apps will support my language skills and help me understand the local culture better.

Additionally, technology gives me a chance to document my journey by taking photos, making videos and share them with new friends. It gives a opportunity to come back to every moment and keep my memories forever.



Expanding the knowledge of the European Union



Participating in the Erasmus programme strengthens my European identity. Being part of the European Union means cooperation, solidarity, and shared values.

Erasmus gives young people the chance to learn, travel, and develop both personally and professionally. It helps build openness towards other cultures and encourages active participation in the European community.

Personal development

I believe that this project will help me be more independent and confident by stepping out of my comfort zone.

I will face new challenges and gain new valuable skills that will be very useful and helpful in the future.



*Thank You for
your attention !*

Sources:

- <https://erasmusplus.org.pl>
- Pinterest
- personal photo archive

