HOW DO I ENVISION IMPLEMENTING ERASMUS PRIORITIES DURING MY INTERNSHIP

BY ADRIANNA KUDER 3TWD

ERASMUS+

For me, Erasmus+ is an opportunity for personal and professional development, the opportunity to meet new people and gain experiences that could be useful in the future. 🌍✈️

THE PROGRAM'S PRIORITIES FOCUS ON:

1. Inclusion and diversity
2. Digital transformation
3. Environment and the fight against climate change
4. Democratic participation, shared values, and active citizenship

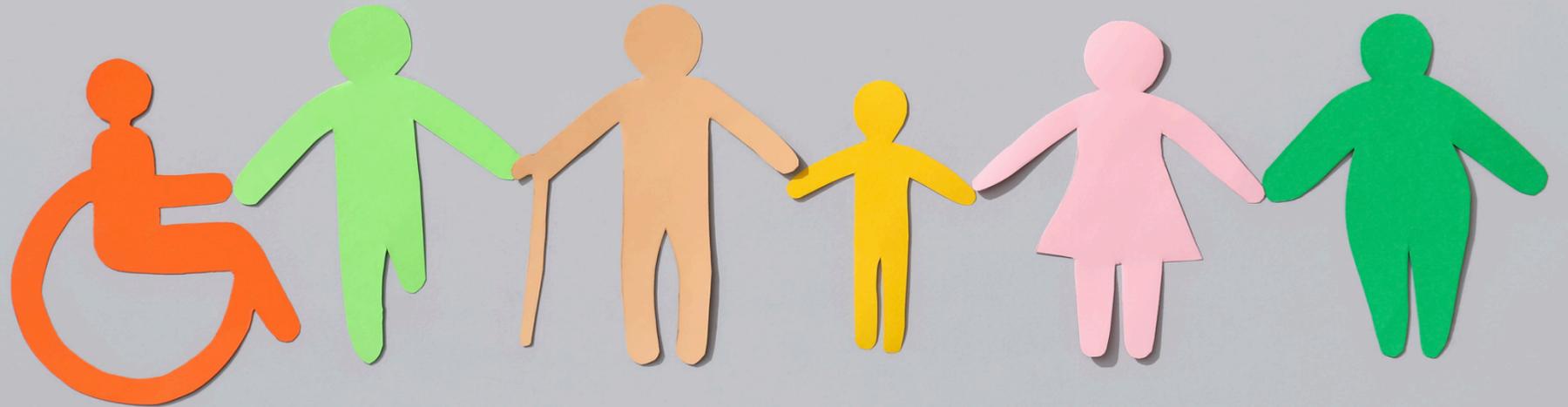Through this internship, I would like to contribute to the priorities discussed below.

1. INCLUSION & DIVERSITY

For me, inclusivity and diversity mean being nice, friendly and positive. I want to work with everyone, regardless of gender, financial status, background, sexual orientation, reigion or region.
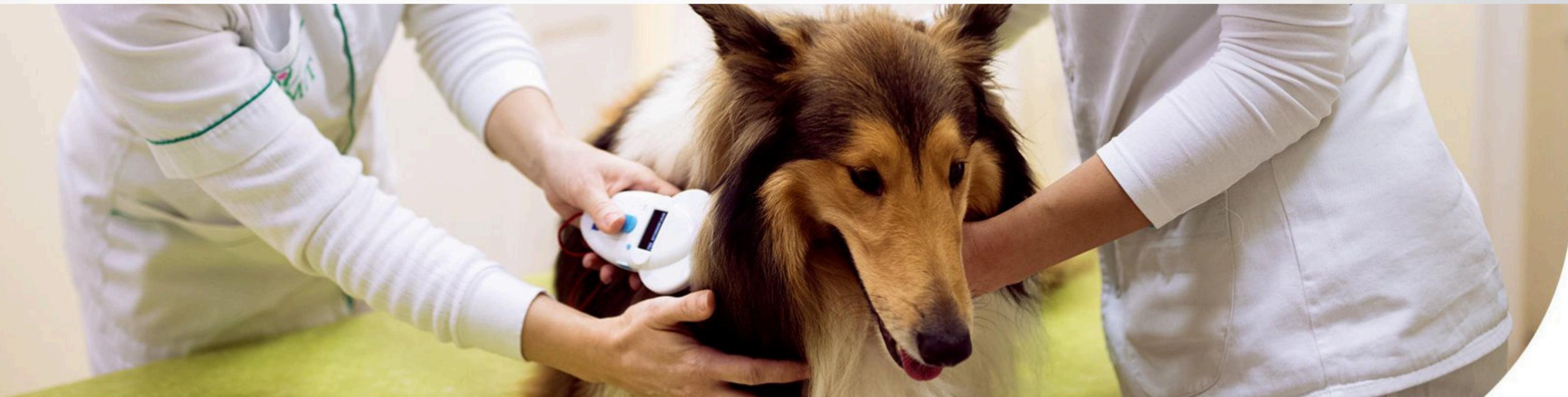
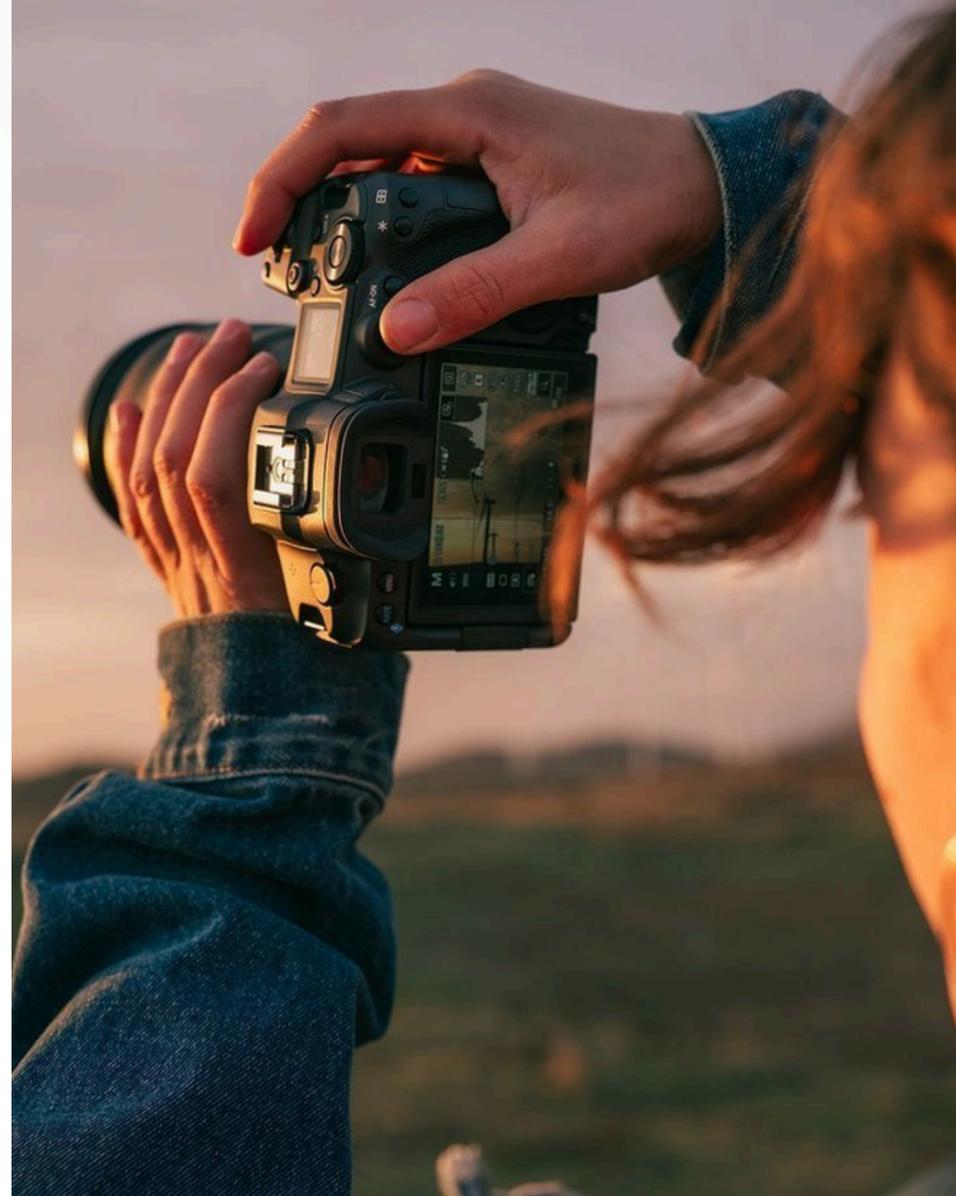I want to learn from others and not judge people based on their background or language

2.DIGITAL TRANSFORMATION

During my Erasmus+ internship, I want to use modern technologies and programs that make my work easier.

It's about learning how to use digital tools like maps and translators, which can be useful when needed, but also for documenting my work. I could also use them to take photos and videos to share what we did during the internship.

This allows me to become more independent, learn new things faster, and better prepare for my future career.

3. ENVIRONMENT AND THE FIGHT AGAINST CLIMATE CHANGE

During my Erasmus+ internship, I want to focus on environmentally friendly habits in my daily work. For example, I will turn off lights and electronic devices when not in use, use water sparingly, and separate waste. I will also use reusable bottles and shopping bags.

Even small actions are important and show that everyone can help protect the environment and fight climate change.

4. DEMOCRATIC PARTICIPATION, SHARED VALUES, AND ACTIVE CITIZENSHIP

Democratic participation, shared values and active citizenship mean taking part in social life, expressing opinions and respecting others

Programmes like Erasmus+ help young people learn cooperation, responsibility and openness to different cultures.

Through international experiences, I will better understand values such as democracy, equality and solidarity, and I will feel more motivated to become an active citizen in my local and European community.

THANK YOU FOR YOUR ATTENTION

Sources of materials used:

~Pinterest

~Erasmus+ Programme Guide